

• f

Energy

In Everyday Life

the ability to do work

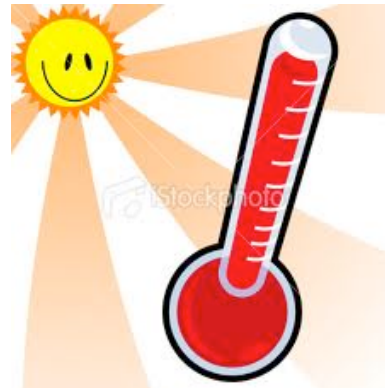
Move



Change



Heat



Mechanical

Energy caused by the position
or motion of matter

Light

Energy from the sun that is
visible to humans

Thermal/Heat

Energy from the sun related
to heat and the temperature
of matter

Sound

Energy made by vibrations